

7 HORSE CARE

The key to good horse care is being able to identify health problems and treat them promptly. It is recommended that adult horses should have a complete veterinary examination at least once a year.

FRIENDSHIP BRACELETS

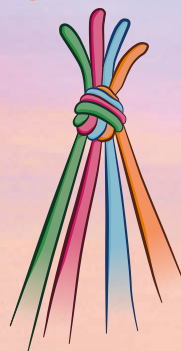
FOLLOW THE BELOW STEP-BY-STEP INSTRUCTIONS TO MAKE YOU, YOUR FAMILY AND FRIENDS FRIENDSHIP BRACELETS AND BE BEST FRIENDS FOREVER!

STEP 1



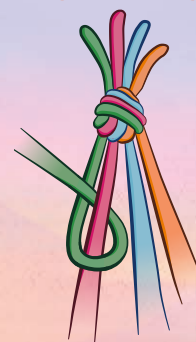
TO START YOU WILL NEED 4 PIECES OF EMBROIDERY FLOSS 'THREAD' AND BEGIN BY TYING THEM IN A KNOT AT ONE END.

STEP 2



SPREAD THE 4 STRINGS APART AND PLACE THE COLORED STRINGS IN THE ORDER YOU WISH FOR THEM TO BE FOR YOUR BRACELET.

STEP 3



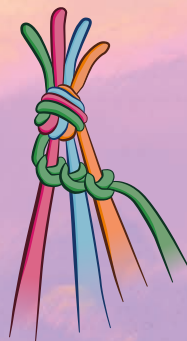
TAKE THE FIRST STRING ON THE LEFT AND PLACE OVER THE SECOND STRING. YOU'RE THEN GOING TO TUCK THE FIRST STRING UNDER THE SECOND AND PULL IT BETWEEN THE GAP OF THE FIRST AND SECOND STRING.

STEP 4



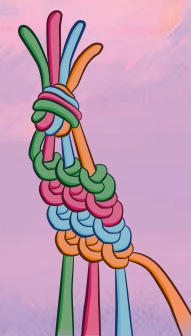
HOLD THE SECOND STRING DOWN AND PULL THE FIRST STRING TIGHTLY UPWARDS TO CREATE A KNOT. REPEAT AGAIN SO YOU HAVE TWO KNOTS.

STEP 5



REPEAT THE LAST TWO STEPS ON THE THIRD AND FOURTH STRING. YOU'LL NOW HAVE THE FIRST STRING AT THE END AND THE SECOND STRING AT THE BEGINNING.

STEP 6



YOU NOW REPEAT THE WHOLE PROCESS WITH ALL THE COLORED STRINGS UNTIL IT LOOKS LIKE THIS! REPEAT ALL STEPS UNTIL IT FITS YOUR WRIST.

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SCAN ME FOR MORE FUN STUFF!



FUN FACT 7
Horses gallop at around 44 kph (27 mph).

